

Network



Christian Aids Bureau for Southern Africa at Huguenot College
Christen Vigsburo vir Suider-Afrika by die Hugenote Kollege



Rev Nelis du Toit visited Malawi to evaluate and assess the effectiveness and impact of the local Family Life and AIDS Education Ministry (FLAEM) programme. Read about it on p 4.

Inspirerende DVD

Die Vigsburo het pas, in samewerking met MemaMedia, 'n inspirerende DVD van 85 minute bekendgestel wat die verhale van ses mense wat met MIV saamleef vertel.

Mense wat leef met MIV bied 'n persoonlike kykie na hoe dit mense se lewens raak, en bied die kyker die geleentheid om te ontdek wat MIV op 'n persoonlike vlak beteken.

Dié ses mense, wat meestal uit die Wes-Kaap afkomstig is, tree in die bres vir sovele andere wat te midde van onkunde, vooroordele en stigma rondom MIV/Vigs nie die moed het om dieselfde te kan doen nie.

Die DVD is moontlik gemaak danksy skenkings van die CLF Vigstruts, die NG Gemeente Stilbaai, die Kloosterkerk (Nederland) en die Jeugkommissie van die NG Kerk.

Vir bestellings, kontak 0860 26 33 42.

Besige jaar

Die Vigsburo speel ook in 2005 'n positiewe en beduidende rol op die MIV en vigssterrein in Suider-Afrika. Alle dank teenoor ons Hemelse Vader wat alles moontlik gemaak het.

Ons dank gaan ook uit aan alle befonders, donateurs, gemeentes en die Hugenote Kollege wat op 'n verskeidenheid maniere bygedra het tot die volhoubaarheid van die Vigsburo.

Sover was jaar 2005 'n opwindende, besige maar nie altyd maklike jaar vir ons nie. In Februarie het die direkteur, Logy Murray, 'n pos by World Vision aanvaar. Gelukkig kon ons die dienste van Aneleh Fourie-Le Roux bekom om haar opleidingsfunksies voort te sit. Ds Nelis du Toit het as bestuurder die ander funksies van mev Murray se direkteurspos oorgeneem.

Ons hartseer en verlies was baie groot met die skielike heengaan van prof Attie van Wijk, rektor van Hugenote Kollege op 18 Julie. Ons mis steeds sy persoonlike belangstelling en mentorsrol. Dit sal nog lank neem om die verlies van ons groot vriend te verwerk.

Dat die Vigsburo steeds kon voortgaan en selfs groei, bevestig dat ons die seën van God ondervind om sy Koninkryk op die vigssterrein te dien.

Heelwat gebeure en inisiatiewe het ons besig gehou, waarvan u in hierdie, die eerste gereelde nuusbrief van die Vigsburo, meer sal kan lees.

Ons bid dat u 'n besonderse geseënde Kerstyd sal ervaar en dat die liefde en genade van ons Heer by u sal wees.

In 2005 CABSA continues to play a positive and significant role in the field of HIV/AIDS in Southern Africa. All thanks and praise to our Heavenly Father who has made everything possible.

Our sincere thanks goes to all our funders, donors, congregations and the Huguenot College who have contributed in various ways to the sustainability of CABSA.

So far, 2005 has been an exiting and busy, but not always an easy year for us. In February, our director Logy Murray accepted a position at World Vision. We were fortunate to acquire the services of Aneleh Fourie-Le Roux to take over her training functions, while Rev Nelis du Toit, as manager, took over Ms Murray's other responsibilities as director.

Busy year

We were saddened by the sudden death of Prof Attie van Wijk, rector of the Huguenot College, on 18 July. We miss his personal interest and strong mentoring role. We will still mourn the loss of our great friend for quite some time.

That CABSA has been able to continue and even grow in our work reiterate that we experience the blessing of God to serve his Kingdom on the HIV/AIDS front.

We were busy with quite a few initiatives and projects, of which you can read more about in this first regular newsletter of CABSA.

We pray that you may experience a very special

Christmas time, and that the blessing and grace of our God will be with you.

VRIENDELIKE GROETE

Nelis du Toit

KIND REGARDS

② Opleiding vir studente oor Vigs

Op versoek van dr Nikki Alpaslan van Hugenote Kollege op Wellington is die Christen Vigsburo nou verantwoordelik vir die aanbieding van die hele derdejaarsmodule: MIV/Vigs Voorkoming, Berading en Sorg.

Verskeie dosente, waaronder ook die Vigsburo, is voorheen gebruik om MWH 317-9 aan te bied, maar dit het die kursus baie gefragmenteerd gemaak.

Dit was dus in September en Oktober Aneleh Fourie-Le Roux se besondere taak om namens die Vigsburo die hele kursus vir 72 derdejaar studente in maatskaplike werk, gemeenskapsontwikkeling en jeugwerk aan te bied.

"Klasgee en fassilitering is nie heeltemal dieselfde nie, en veral die grootte van die groep bied verskeie uitdagings," sê Aneleh, wat verantwoordelik is vir die Vigsburo se opleidingsprogramme.



"Ten spyte van die steil leerkurwe wat die aanbied van die kursus van 'n mens vra, is dit 'n geweldige voorreg en geleentheid om by te dra tot die vorming van soveel potensiële maatskaplike werkers, jeugwerkers en gemeenskapsontwikkeling studente se lewens en hopelik ook die uitleef van hul uiteindelijke beroep."

"Met aanvang van die klas het ek beklemtoon dat die onderwerp van MIV en Vigs baie gevaarlik word as ons dit slegs as 'n akademiese vak beskou waarvoor 'n mens meer as 50 moet kry om dit deur te kom."

Volgens Aneleh lê die werklike toets van die module nie in die studente se finale punt vir die kursuses nie, maar hang dit af van die mate waartoe hulle die inligting hul eie maak, integreer in die keuses wat hulle op 'n persoonlike vlak neem asook die bydrae wat hulle uiteindelik in die samelewing en hul beroepe sal maak.

Mentoring trainees

CABSA has taken the first steps to start a mentorship project to ensure follow-up and support of the more than 200 people who have thus far received Churches, Channels of Hope training.

There is a strong group of these facilitators who have become actively involved in their churches and communities.

In the Free State, for instance, a network of facilitators are actively busy with mobilisation projects.

Two information letters have been sent during the course of the year to all that have taken part in our training, and more will follow.

Therefore it is very important that we have the updated details of all trainees.

If your details have changed, please contact Dawn Wehr at CABSA at admin@cabsa.org.za or (021) 873-0028.

** Die Vigsburo het begin met 'n mentorskapsprogram om ondersteuning te bied aan die meer as 200 persone aan wie reeds opleiding verskaf is. Sorg asb dat ons oor u opgedateerde inligting beskik sodat u gereelde ondersteuningsmateriaal kan ontvang.*



CABSA had the opportunity to present our Churches Channels of Hope Train the Facilitator programme to a group of students hailing from African countries such as South Africa, Cameroon, the Gambia, Zambia, Kenya, Liberia and the Sudan, as well as the USA. The five-day training programme, which Aneleh Fourie-Le Roux presented to eight of the 27 African Leadership Institute for Community Transformation (ALICT) students formed only a small part of their three months' leadership training in Stellenbosch. Four more South Africans also joined in with the training. CABSA feels excited about their presence in the Western Cape and their potential contributions in the future. Participants commented on the impact the training has had on them and also expressed their sincere desires to go and implement what they have learned back in their countries.

Networking through PRI SMA

PRISMA, a society of Christian development organisations from the Netherlands, formed a network of Southern African Christian organisations that receive funding from their country. Through this network, they want to ensure capacity building of the various organisations in especially project management as well as mainstreaming HIV/AIDS.

This process started with a meeting in Witrivier, attended by Nelis du Toit, followed by a workshop at the end of August in KwaMhlanga, which was attended by CABSA representatives Nelis du Toit and Lyn van Rooyen.

The capacity building process started off with 10 organisations in Southern Africa, but may grow to include 37 non-governmental PRISMA organisations.

As an organisation providing training, CABSA is actively involved in this network to provide training to participating organisations on AIDS-related issues. CARIS will be involved in providing capacity building support on the website and providing help-desk information.

** Die Vigsburo is betrokke by 'n netwerk deur PRISMA van Suid-Afrikaanse Christenorganisasies wat hulp van Nederland ontvang, en sal met kapasiteitsbou help deur opleiding oor MIV/Vigs-verwante kwessies te verskaf aan ander lidorganisasies.*



We remember Prof Attie van Wijk for his personal involvement and mentoring role. This is one of the last photographs taken of him involved in CABSA activities, when he welcomed Canadian student Julie Kielstra to Wellington, who volunteered her services for two months to our offices.

Gaan loer op die web

Gaan loer gerus na ons webblad www.cabsa.co.za, wat nou meer gebruikersvriendelik gemaak is danksy Lyn van Rooyen se harde werk.

Besoeke groei konstant. Die afgelope twee maande was dit meer as 750 per maand. 'n Beduidende aantal besoeke kom van buite Afrika, byvoorbeeld Kanada, die VSA en Engeland.

Die webblad sluit onder andere 'n hulpbrondatabasis van vigs materiaal in wat meer as 1800 titels bevat. Relevante nuusbrokkies uit 'n verskeidenheid van plaaslike en internasionale media word ook weekliks opdateer.

Nog 'n nuwigheid is die databasis van preke, wat tans veral vorige preekwenke bevat, maar uitgebrei word. Gebruikers kan soek volgens taal, Bybelboek en hoofstuk, tema of sleutelwoord.

Die Projekte databasis is ook intussen verfynd, en die proses is begin om die Anglikaanse kerk se data met die Vigsburo se databasis te integreer.

Betrokkenheid in die Boland

③

Hoewel die Vigsburo 'n nasionale rol speel, is dit ook vir ons belangrik om plaaslik 'n verskil te kan maak. Daarom is Dawn Wehr veral nou betrokke by inisiatiewe soos die Western Cape Aids Legal Network (WCALN), Catholic Welfare and Development (CWD) in die Paarl/Mbekweni omgewing, en die Paarl se MIV/Vigsforum.

WCALN wil fundamentele menseregte met MIV/Vigs integreer in terme van aanvaarding, gelykheid, positiwiteit en mense wat daardeur geraak word. Die Vigsburo is hierby betrokke deurdat ons saam help soek na oplossings om die stigma hok te slaan, deur oa werkswinkels en gesprekke.

Die lede van WCALN werk saam om groter beskerming vir slagoffers van verkragting en mishandeling te verseker deur sterker wetgewing, en bou ook aan sensitiwiteit rondom die blootstelling en kwesbaarheid van vroue (toetsing by voorgeboorte klinieke, verkragting, hofprosedure met verkragting).

Die Vigsburo is by CWD betrokke in 'n raadgevende hoedanigheid saam met ander rolspelers soos die Departemente van Arbeid en Gesondheid die Drakenstein Munisipaliteit en Ikhwezi. Die CWD se bestaande MIV/Vigs gemeenskapsprojekte word geïntegreer en herevalueer om oorfleueling in die gemeenskap te voorkom, terwyl nuwe projekte geloods word waar nodig.

By die Drakenstein MIV/Vigsforum is ons betrokke saam met CWD, TAC, Allandale Gevangenis, Agapé, Mothers2Mothers2Be, Helping Hands, Pick'n Pay, die Departement Maatskaplike Dienste, Gesondheid en Opvoedkunde, Ikhwezi, Aids Action Group en World Vision om saam op mekaar se onderskeie sterkpunte te steun.

Die Forum wil samewerking in die Drakenstein munisipale gebied met betrekking tot MIV/vigs bevorder. Kragte word saamgesnoer vir groot geleenthede soos Wêreld Vigsdag. Dawn dien ook op die beplanningskomitee vir vanjaar se plaaslike Wêreld Vigsdagverrigtinge. Die Forum moedig vrywillige toetsing aan, en maak bestaande dienste (toetsing, ondersteuning, berading) in die munisipale area meer bekend.

* CABSA is involved with various initiatives in the Boland and Western Cape.

contact
us

CABSA
Huguenot College
PO Box 16, Wellington
7654, South Africa
Tel: + 27 (0)21 873 0028
Management@cabsa.co.za

Personalising HIV/Aids info

Not everyone interested in receiving training wants to become facilitators. Therefore we have developed an alternative three-day training programme, *Integrating HIV/AIDS information on a personal, spiritual and professional level* to help people cope with the HIV question on all levels.

It aims to empower people with information about HIV/AIDS so that it can be integrated into their day to day lives, interaction with people infected or affected with HIV/AIDS, the expression of their Christianity and their current work environment.

Anybody with the desire to know and understand more about HIV and Aids related topics will find this course valuable.

Topics such as personal attitudes and world views, the evaluation of personal risk, HIV/AIDS related facts and statistics, the effect on the immune system and transmission are covered. On a more spiritual level, attention is given to guiding Christian principles, prevention strategies, ethical and theological issues, the addressing of stigma, Christian caring and the emotional side to living with HIV/AIDS.

To help participants integrate the knowledge on a professional level, specific case studies and situations are discussed.

The first two training sessions were given to 31 staff members of Huguenot College in Wellington in May and June this year. Issues such as confidentiality, HIV/AIDS in the hostels, peer pressure, relationship building with students and

the risk of HIV/AIDS for students were identified by staff members as important issues that would need attention in the near future. Because many of the students will be working with communities living with HIV/AIDS once they start their working careers, it is extremely important that they are now already sensitised to destigmatise people living with the disease.

Aneleh Fourie-le Roux also presented the *Integration Course*, as we call it, in Malawi to a group of seven people two Dutch and five Nigerian individuals involved in different ministries to orphans and vulnerable children in Nigeria.

The training programme, which took place in Nkoma in August, gave CABSA the opportunity to take its first steps in a new country. It was also a wonderful opportunity for new ties with the Dutch organisation Deputaatschap tot hulpverlening in Bijzondere Noden

that funded the training. From the pre and post training assessments it was clear that not only did their knowledge about HIV/AIDS increase, but that their attitudes towards the topic also improved.

They also felt empowered to be able to handle HIV/AIDS related cases in their day-to-day work.

* 'n Nuwe drie-dag kursus is ontwikkel oor hoe om inligting oor MIV/Vigs op 'n persoonlike, geestelike en professionele vlak te integreer om mense te help om dit op alle vlakke te hanteer. Dit is reeds by Huguenote Kollege en in Malawi aangebied.



The Malawi training group and Analeh Fourie-le Roux

Malawian opportunity

Weeklikse wenk in jou inboks

In aansluiting by BUVTON se "Leesrooster Projek" stel die Vigsburo weekliks 'n "Wenk vir Sondag" beskikbaar om te verseker dat MIV/Vigs op een of ander manier sinvol tydens eredienste ter sprake kan kom.

Die "Wenk vir Sondag" word weekliks in Afrikaans of Engels aan 207 persone (die meerderheid is predikante) gestuur.

Die "Wenk" verskyn ook op drie verskillende webblaaie op die internet, asook ons eie webblad.

As jy ook jou "Wenk" wil ontvang, kontak gerus management@cabsa.co.za.

* A sermon tip on how to incorporate the HIV/Aids message into church meetings, is delivered to more than 200 people weekly via email.

One of CABSAs objectives is to help with the evaluation of HIV/AIDS training programmes. With this in mind, Nelis du Toit was privileged to visit Malawi in August to help evaluate and assess the effectiveness, impact and sustainability of the local Family Life and AIDS Education Ministry (FLAEM) programme, which is funded by the Oikonomos Foundation.

"There is no doubt that the FLAEM programme in Mulanje and Thyolo that has been running for the past three years has the highest regard and appreciation of the community," says Rev du Toit about this personally enriching experience.

"Those who do not live in the areas where the programme has been rolled out knock regularly at the doors of the FLAEM offices with the request to bring the programme to them as well."

To visit the Mulanje and Thyolo districts is to be overwhelmed by two things: the poverty of the community and the responsiveness, warmth and sincerity of the people. "It is obvious that the previous two years of drought have stripped people from all material reserves and forces them into a lifestyle of 'survive till the rains may come one day,'" he says.

Added to this, the devastating impact of the AIDS pandemic, which is not so obvious to the

visitor but that is clearly articulated by the people makes it a seemingly overwhelming situation.

"But the people I interviewed were not overwhelmed," he says. "Thanks to the FLAEM programme, they have hope that the war against the AIDS pandemic can be won by teaching and living Biblical principles on family life and marriage."

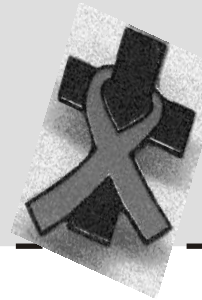
Through the visit of ten days and interviews with participants to the programme, Rev du Toit could grasp a small bit of the work being done by FLAEM. Despite cultural and language difficulties that were experiences, he says he was impressed by the impact the programme has had on changed values and choices, voluntary activities as well as behaviour change. By further involvement of the youth and other community networks, taking responsibility towards their group of volunteers and by assisting the local community to care for people living with HIV/AIDS, the programme can only grow from strength to strength.

"FLAEM is currently working within a 'window of opportunity', with many people accepting its role as educator on family life, the Bible and HIV and AIDS.

* Die Vigsburo se ds Nelis du Toit het na Malawi gereis om die werk van die Family Life and AIDS Education Ministry (FLAEM) te evalueer.

World Aids Day

Information and ideas to be used for World Aids Day on 1 December have been sent out. Also remember that our website www.cabsa.co.za is a wealth of information and ideas.



Snippets * Brokkies * Snippets

* CHAMPS (Coordinated HIV/AIDS Management Programmes) is an organisation that recently started to implement a comprehensive aids-programme in Tswane.

Their goal is to combat HIV/AIDS by facilitating value based lifestyles in individuals and faith communities. Ultimately, CHAMPS wants to mobilise communities and change individual behaviour based on values and ethics. CABSAs helped to develop the training programme for the prevention section of the project.

* Ds Du Toit en mev Murray het saam 'n hoofstuk oor gemeentes en MIV geskryf vir 'n boek *Waar die kerk werk. Verhale van verandering waar gelowiges hulle roeping uitleef* wat deur BUVTON gepubliseer word.

* Lyn van Rooyen het die Vigsburo verteenwoordig by die SA Nasionale Vigs Konferensie in Durban, die NG Kerk Predikante Konferensie in Bloemfontein, die Liberty Kerk in Randburg se Justice Ministry Network en hul Vigs Konferensie, en was ook betrokke by die verskaffing van materiaal en inligting by drie Kerke, Kanale van Hoop opleidingsgeleenthede.



We pray that God will continue to guide the Bloem trainees to integrate what they have learned into their individual ministries.

Training Bloem facilitators

Eighteen participants joined our first "Train the Facilitator" session for 2005, which was completed quite successfully at the end of July in Bloemfontein.

We are most grateful to Leanne Posthumus for her leadership and initiative in organising this training, which was done on request and in partnership with Mosamaria Aids Ministry of the ACSA Diocese of Free State.

According to training facilitator Aneleh Fourie-le Roux, participants are already involved in practical initiatives. One participant has already engaged in a workshop, while three others joined forces with two previously trained facilitators to conduct a week-end workshop. Two participants will also be involved in a workshop for Free State bishops in November.